

# Effective Flow Connections, LLC



DUNS: 080320246

CAGE Code: 7P4R9

GSA Contract: 47QRAA20D001B

## CORE COMPETENCIES

### **Organizational Development & Strategy**

- Establishing Strategic Goals & Objectives
- Clarifying Roles & Responsibilities
- Supporting Leaders with making High-Quality Decisions by using a Systematic Approach
- Initiating Process Improvements with the DMAIC Methodology

### **Program and Project Management**

- Aligning Programs & Projects to an Organization's Strategy
- Establishing Controls: Budget/Scope/Schedule/Quality
- Identifying & Managing Risks & Issues

### **Culture & Change Management (CM)**

- Implementing CM Best Practices
- Executing Employee Engagement Surveys

### **Facilitation & Training**

- Planning & Facilitating Meetings and Offsites
- Leading Customized & Off-the-Shelf Trainings
- Executing Employee Skills Assessments
- Using MBTI & TKI Assessments to Help Teams Better Manage Conflict & Communicate

## CERTIFICATIONS

### **Employee Certifications:**

- Project Management Professionals (PMP) through Project Management Institute (PMI)
- **Six Sigma** Green Belts
- **Prosci Change Managers**
- **Myers Briggs Type Indicator (MBTI)**
- **Thomas Kilmann Instrument (TKI)**

### **Company Certifications:**

- Woman Owned Small Business (WOSB)
- **SDVOSB** through Dept of VA's CVE Office

## ABOUT US

**Effective Flow Connections, LLC** is a management consulting company that helps clients succeed with executing strategy and achieving results. We successfully deliver strategic planning, program & project management, change management, facilitation, professional development training, & process improvement services. We deploy **customized solutions**, while embracing and nurturing organizational culture.

## PAST PERFORMANCE HIGHLIGHTS

### **University of Nevada, Reno, 2018-Present**

- Create engaging content and instruct as part of the Advanced Leadership Academy & Project Management Essentials Certification Programs

### **Training Company, SF, CA, 2018-Present**

- Work with the CEO & Leadership to establish objectives and key results; execute strategy

### **Sutter Health, Emeryville, CA, 2019**

- Provided training on data retrieval and analysis, as well as progress monitoring and reporting on project performance
- Provided consultation on complex projects/functions in data retrieval and reporting to users, analytical team, & management
- Validated and ensured data and report integrity

### **Medtronic (Medical Device), 2016-2019**

- Guided continuous improvement initiatives for clinical study processes
- Customized L&D Program for 400+ employees
- Planned & executed annual Skills Assessment to support development & growth of employees
- Facilitated focus groups, trainings & meetings
- Performed Program, Project & Change Management

## **Contact Us!**

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